



TOM TOM



The Newsletter of Hastings, Rye & District Scouting

June 2008

District Cub Camp

Over the bank holiday weekend, over 150 Cub Scouts from Hastings, Brede, Northiam and Westfield took part in Normans and Saxons District Cub Camp. The camp took place at Moneypenny Farm in Rye from Friday 23rd May to Monday 26th May.



On Saturday the cubs were able to travel around different bases set out in the field. These include making shields, throwing dutch arrows, throwing wet sponges at leaders in who were in the stocks and air rifle shooting. They also had the opportunity to cook a twist on



Getting Sorted!



Making Twists

a campfire, brand some wood with their name, learn how to juggle and make Normans and Saxons Hel-



Mobile Climbing Wall

ments. We also hired in a mobile climbing wall, lasertag shooting game and bouncy castle and slide for the cubs to take have a go at. Cubs also learnt some basic pioneering by building ballista's from canes and elastic bands, made their own badge, had their face painted and fired water rockets. Saturday evening ended with a campfire – a traditional time around a fire singing songs and having a good laugh.



Air Rifle Shooting

On the Sunday we all visited Dover Castle. Dover Castle laid on a special weekend of living history and the cubs saw real life Victorian policemen, Henry VIII, Jousting and displays. There was even a replica World War I trench when cubs walked through and experienced what it may have been liked to have been in the trenches.

Sunday evening we returned to the site and had a Hog Roast dinner followed by a Disco from the Kent Scouts Hulabalo team. Cubs (and leaders) had the opportunity to have a boogie and let their hair down as well as have a go at some karaoke.

Despite the high winds and heavy rain on Saturday and Sunday night, we all survived and had a great time.



Hullabaloo Disco & Karaoke

We would like to thank our camp sponsors:- Marshall Tufflex, St. Leonards Motors, Tesco, Quadron, Southern Valve & Hastings Borough Council Community Transport Grant who all donated towards the camp.

Certificates / Badges

Anyone who did not receive a certificate or badge from the camp, please let me know asap and I will arrange this. There are a few badges left which are for sale for £1.00 each.



Lasertag Shooting Game



Normans or Saxons?

Camp DVD / Photo CD

Please find attached a letter regarding the camp Photo CD / DVD. The idea of this is to recuperate some of the expenses from the camp so please pass this onto your cubs.

Paris 2009

All the spaces have now been filled for the Paris 2009 trip. Information for those going will go out later this month.

Leaders Camp

Final chance to get involved with the leaders camp – please complete and return the attached form by the 15th June. <http://www.hastingscouts.org/other/cubs/lweekend.pdf>

Stuart Old ADC (Cubs)
07734 861796
cubs@stuartold.com



One of the quiet moments!

CUB CAMP FOOTNOTE

Thanks must go to all those who helped with the catering at the District Cub camp, it was quite a task to cater for 200 people in the middle of a farmers field on the Romney Marsh. It would not have been possible without the help from a team of willing volunteers in particular Hydra and Phoenix Explorers who were there from Friday evening until we finished on Monday, Phil Moore for his help in the kitchen and for transport through Trade Paints, Peter Clare and his team who kept us supplied with water, Paula



Ouch!

Pickering who is probably sick of the sight of bolognaise and pasta, Butch who cooked the hog roast and anyone else who popped in to give us a hand in the kitchen, thank you all very much.

Colin Ward



More Saxons or Normans?

3rd Hastings Go 'Ray Mears Style' Camping

12 Scouts and 5 leaders braved the torrential downpours and thunderstorms and spent two nights and three days camping in the woods at Westfield with only the bare essentials.

No tents, No toilets, No utensils, No comforts and definitely No mums!

The camp that took place over the bank holiday was a complete survival camp teaching skills such as skinning rabbits, gutting fish, making a compass, setting traps, foraging for food, building and sleeping in your own shelter and cooking all food on an open fire with no



The First & Last Luxury Meal



Crafty Carving by the Girls

pots, pans or utensils.

The Scouts all did fantastically well and worked really hard building their shelters which held up to the thunderstorm apart from a few drips on the head! When they arrived on the Monday they were given instant pasta pot and a yogurt for their first meal and had to keep the containers as their plate and cup for the rest of the camp, and as they'll all tell you its pretty hard to drink hot chocolate from a yogurt pot!



Building Shelters

They all learnt how important it was to keep the fire stoked up and the wood pile, and have all become experts in making pegs out of wood to keep their guy lines pulled out, although their fingers took a battering



Making Compasses

from cuts and slices in the process, i think we went through an entire box of plasters in three days!!!

For some of the Scouts it was their first camp having just come up from cubs so they definitely proved they can hack it with the older scouts, and every single Scout on the camp has now earned their Survival Skills Activity badge.

Well done to all of them and thank you to the awesome

leader team for their organisation and help over the camp.

Jo Hart

3rd Hastings Scout Leader.



Making Dutch Arrows



Skinning Rabbits

District Explorer News



District Cub Camp

Thank you to all those Explorers who supported this event in whatever capacity. Your help was very much appreciated and welcomed by all who camped.

Cool Dude Day - County Beaver Fun Day

On Sunday 29th June between 10am and 4pm At Broadstone Warren Scout Campsite, we have been asked to support the above event by Frances Gibbs ACC (Beaver Scouts). Our help will be needed with Car parking and supporting activity bases. You will need to wear polo shirts and Explorer Scarf and a packed lunch. Free drinks will be available.

Names down so far are: George Rolph, Liam McDonald, Tom Neeson, Mat Binns, Harry Banks, Ben Rootes, Ben Cruttenden, Alice Dennison, Lauren Barbar, Luke Baldwin, Andrew Calway, Alex Bowles, Matthew Upton, Emma, Tom Blything, Tom Anderson, Mark O, Mark Swallow, Tom Green, Hannah Isden. You will need to get there under your own steam, so if you can arrange car sharing, that would be great. Any transport issues, let me know.

District AGM - Tuesday 24th June - Battle Memorial Hall, High Street Battle. 8pm.

Please would you make every effort to attend the AGM where a display of Explorers activities and events will be shown to everyone. This will be instead of the Tuesday Hydra Unit Meeting. **FULL SMART UNIFORM** will need to be worn.

PGL TRIP TO FRANCE 2008

Please remember that the closing date for the remaining balance for this expedition will be **2nd June 2008**. Late return could mean your place being forfeited. If there are any financial concerns, please contact me immediately. A final Bag packing date is in the process of being arranged, we will let you know asap.

Good luck to all of you taking your GCSE's at the moment!

Andy Bishop
DESC
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bish7774@orange.net

Beaver Bits



District Beaver Sleepover 12th July at the 24th Headquarters £10.00 per Beaver places limited to 50.

Next Beaver Leaders Meeting 30th June 7o'clock at 18th Hastings, St Lukes Church Alma Terrace.

Claire Davis ADC Beaver Scouts
439981 clairedavis@homecall.co.uk

Our thanks go to Trade Paints Ltd for printing and distributing this newsletter.

TOM TOM Traditionally there is no Tom Tom in July and August. Information will be e-mailed if necessary.

Items for September 2008 Tom Tom should be with Gareth Moore

chairperson@hastingsscouts.org

By Monday 1st September at the latest.

Ranger Guide/Venture Scout Reunion

The timeline of 1975 – 1985 was the subject of a recent Ranger Guide and Venture Scout reunion held at Hastings Rugby Club.

fellowship

During these years there were several Units including Primus, Trident, Atlantis, Apollo, Pharos Ventures and Beta Ranger Guides. Everyone says theirs were the *best* days but these were indeed the best for many of those that attended. It was a time when there were lots of inter Unit activities and long-lasting friendships were forged across them – many resulting in marriage!. It was amazing to meet up together again after approximately 30 years.

There was a 'wall of memories' where people could share their (sometimes frightening) photographs and a table full of memorabilia associated with this time.

Not only was it a great evening for all the ex Rangers and Ventures to get together, it was also an opportunity to thank some of the leaders of that time, many of whom were present, for their time and commitment which enabled us to have so much fun in our youth.

It was a great tribute to them that so many of their Ranger Guides and Venture Scouts came along to reminisce about their past adventures.

The event raised £101.08 which will go to the Leo House, a charity which offers help and support to life-limited children, young people and their families living in Sussex. Thank you.

Mike Botten

Hastings, Rye & District Scout Fellowship

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Action Packed Action Pact

fellowship

Back in February I went to the Peak District with the County on the annual Action Pact Weekend.

Having never been before I was very unsure of what to expect or even who else was going but decided to be brave and see what it was all about. After a horrendous journey on the delightful English motorway system in the rain I eventually arrived to a very warm and friendly greeting from those already there and was provided with a very welcome jacket potato!

That evening we chilled out and talked about what we wanted to do the next day and got to know each other. It was great to get to know lots of different people not just from over the County but from within our District too! There were a complete range of people there, old, young, new and experience which is what I felt made the weekend so great. Walks and activities were planned by the County Team for all abilities from those who wanted to do serious hiking to those, like myself, who just fancied a bit of fresh air and a pleasant walk. If you just wanted to stay in and chill out that was cool too. Fiona and Ryan organised all the catering and fed us well all weekend and on the Sunday we all went for a walk in the morning together before making our way home.

The weekend was brilliant, in fact, it was what ever you wanted it to be and I would thoroughly recommend it to all leaders next year.

Thank you to Albert, Ian, Mark and the rest of the team for organising such a great weekend.

Becci Marchant

Hastings Rye and District Scout Fellowship Member

Cooking With Gas

The Scout Association has, very wisely, outlawed the old style pierceable gas cartridges. These are the type that screws in and pierces the container. Not to be confused with the re-sealable screw in or clip valve type. Although there is no time limit on the ban (12 months was hinted at) I would suggest that the use of this type of container should be discontinued as soon as possible. As a leader I stopped using these very early on. The sight of a young Scout running down the Camp Site holding one with flames gushing out the top was very scary indeed. These are slowly being phased out in the UK but are still widely available in most of Europe and the rest of the World.

GM



The Scout & Guide Shop

The Scout & Guide Shop is at
8 Alexandra Parade, Park Avenue, Hastings.

Normal Opening Times

Mondays 7.15pm until 9.30pm, and the 1st Saturday in the month from 9.00am until 11.00am, (term time only).

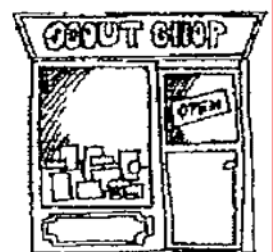
Our next Saturday opening is Saturday June 7th from 9.00 until 11.00am.

Contact the Scout Shop at **429054**

Or 429206 (home)

scoutshop@hastingscouts.org

Shop



EDSFAT News



News from EDSFAT [Eastbourne District Scout (Fellowship) First Aid Team]

In the second part of this series on common First Aid complaints we consider another common complaint of the summer, dehydration.

The average adult should consume 2.5 litres of water a day. Of this 1.8 litres should be obtained from drinks. This amount should be increased in hot weather. Water is lost from the body via sweat and urine and must be replaced. Dehydration is caused by the lack of replenishment of this lost water.

It should be noted that it is not uncommon for people to get dehydrated on cloudy overcast days, even when it is wet and misty.

The symptoms of dehydration commonly start with the feeling of thirst, but this is easily ignored and is regularly not consciously noticed. It progresses to headaches, tiredness and loss of concentration. If left too long the dehydration can lead to a decrease in strength and endurance and is a primary cause of heat exhaustion.

The treatment is extremely easy, replace the fluids lost. The best way of achieving this is to drink water (or many people prefer to drink a dilute squash, as it tastes better!). However, it is important to also replenish the sugar, salt and minerals lost. An easy way of replacing these lost minerals is to have a sweet drink, such as lemonade, and a salty snack, such as crisps. It may be possible to create a sugar and salt solution for the person to drink, be warned many young people do not like the taste and may not accept it, in which case the food option is the better! But the important bit is to replenish their fluids.

The best case is to prevent dehydration in the first place and ensure that everybody drinks enough, especially as the weather gets warmer.

More detailed information can be found on the NHS Direct Website at:
<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleId=123>

If you have any comments or suggestions of other areas you would be interested to hear about please do not hesitate to contact us.

John Clark www.edsfat.org.uk scout_team@hotmail.com

Gang Show 2007

Gang Show Auditions will be on Sunday 7th September 2008. Show dates 20-22 November 2008

Go here for details:

<http://www.hastingscouts.org/other/gangsign.pdf>

Fiona (Producer) 0793 1212140 / 01424 732160 or email fadaadaa@sky.com or info@hastingsgangshow.org.uk



The Colditz Challenge

The Colditz Challenge 2008 will be held at Broadstone Warren Sat 5th / Sun 6th July 2008.

Go here for all the information to download...

<http://www.colditzchallenge.org.uk>



District AGM

A reminder that the District AGM will be on

AGM

Tuesday 24th June - Battle Memorial Hall, High Street Battle. 8pm.

There is adequate parking in the car park in Mount Street and walk through the footpath to High Street. The Memorial Hall is opposite the Post Office, nr the Abbey.

During the evening there will be displays of our District Explorers activities and events including their recent success at the Overland Hike.

Ann Brownhill
District Secretary

Jamboree on the Air (JOTA)

JOTA is an annual event which Scouts & Guides all over the world speak to each other by means of amateur radio contacts. Scouting experiences are exchanged and ideas are shared via the radio waves.

JOTA will be held on the weekend of 18 / 19 October 2008 at Brede Scout HQ.

Open for Scouts only between 10.00hrs and 16.00hrs. Each day the Communicator Badge will be run. Open to a maximum of 20 Scouts each day. Cost £2.50 per Scout including a light lunch and badge.

Applications to **Colin Ward**.

colin@ward9377.freeserve.co.uk



Smile :)

Perfect Golf Shot

Two Scout Leaders playing Golf. One stood over his golf tee for what seemed an eternity. He waggled, looked up, looked down, waggled again, but didn't start his backswing.

Finally his exasperated partner asked, "what *is* taking you so long?"

"My wife is up there watching me from the clubhouse," he explained. "I want to make a perfect shot."

"Good grief!" his companion exclaimed. "You don't have a snowball's chance in hell of hitting her from here."

